



# The Firelands Express



VOLUME 5 ISSUE 77

JANUARY 23, 2012

## FROM THE SUPERINTENDENT

### COMMUNITY RESOURCES

We are fortunate in Lorain County to have support systems in place to help residents find important information and help in times of need. Below are listed two programs that may be beneficial to you and your family.

#### Healthy Safe Schools

The Healthy Safe Schools website, [www.healthysafeschools.com](http://www.healthysafeschools.com), is a website maintained by the Lorain County General Health District in order to provide local up-to-date health and wellness information to parents, students and school staff. The site is also linked off our school website.

Visit the Announcements Page where this month you can find 10 tips that can help you figure out when it's right to keep your kids home from school if they're sick.

Visit the Resource Center where you will find helpful resources addressing topics ranging from Allergies to Worksite Wellness - from factsheets to posters and website links that you may find useful in starting off 2012 on the right foot.

If you have any questions, please contact the Lorain County General Health District:

- Via email: [HealthEd@loraincountyhealth.com](mailto:HealthEd@loraincountyhealth.com)
- Via phone: 440-322-6367
- Like on Facebook: Lorain County General Health District
- Follow on Twitter: @LorainCoHealth

#### Lorain County 2-1-1

Sponsored by United Way, 2-1-1 is an easy to remember phone number that connects individuals with resources to the community. It is available 24/7 and is free. All calls are strictly confidential. Help and information can be found in the following areas:

- |                           |                                  |
|---------------------------|----------------------------------|
| Housing/Utilities         | Legal/Consumer/Public Safety     |
| Family/Individual Support | Transportation                   |
| Food/Meals                | Health/Mental Health/ Addictions |
| Clothing/ Personal Items  |                                  |

There is also an online database available, [www.211Lorain.org](http://www.211Lorain.org) which provides listings of helpful resources.

Here's to a healthy and safe 2012. Go Falcons!

Greg Ring

## SORRY WE MISSED YOU!

The following SAMS students were omitted from the  
**1st QUARTER HONOR ROLL LIST**

**Hallie Grigsby - 5th Grader - received all A's**  
**Samantha Wyler - 6th Grader - received all A's**

### KINDERGARTEN REGISTRATION

March 19 – 23, 2012

If you have a child who will turn five years old on or before September 30, 2012, he/she is eligible for kindergarten for the 2012-2013 school year. Kindergarten registration will take place at Firelands Elementary School during the week of **March 19 - 23 from 8:30 a.m. – 3:30 p.m.** To shorten the actual registration time, **registration packets will be available beginning March 12.** These packets contain all of the necessary forms to be completed and are a timesaver during registration week.

In addition to the information requested in the packets, parents should also bring the following documents on the day of registration:

- |                        |                              |
|------------------------|------------------------------|
| 1. Birth Certificate   | 3. Proof of Residency        |
| 2. Immunization Record | 4. Applicable Custody Papers |

**KINDERGARTEN IS AN ALL DAY PROGRAM FOR ALL STUDENTS.**

If you have any questions or concerns, please do not hesitate to contact the school at 440-965-5381.

## IMPORTANT CHANGE!

**PLEASE NOTE—ALL FIRELANDS EXPRESS ARTICLES & PHOTOS SHOULD BE EMAILED TO:**

**[LSEMAN@FIRELANDSSCHOOLS.ORG](mailto:LSEMAN@FIRELANDSSCHOOLS.ORG)**

**CALL 440.965.5821 IF YOU HAVE ANY QUESTIONS.**

You may view this issue online at:

[www.firelandsschools.org](http://www.firelandsschools.org)

The Communities we serve: Amherst, Amherst Twp, Birmingham, Brownhelm Twp, Camden Twp, Florence Twp, Henrietta Twp, Kipton Village, New Russia Twp, South Amherst Village, Vermilion and Vermilion Twp.

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## Firelands FFA Graduate Earn American FFA Degree

**Indianapolis, IN** – On October 22, 2011 Samantha Grills, a 2010 Firelands graduate, received her American Degree at the National FFA Convention in Indianapolis, IN. The American Degree is earned by only the top 0.5% of FFA members in the nation.

In order to receive an American Degree one must have previously received a State Degree. The member must have shown excellent leadership skills and kept careful and accurate records of his or her Supervised Agricultural Experience (SAE). They must have productively earned and invested \$7500 from their Supervised Agricultural Experience (SAE) projects and met several other criteria.

Samantha Grills is the daughter of Scott and Rebecca Grills of Wellington. She is currently in her second year of college. In FFA, Sami served as president and was active in chapter activities. She participated on the Parliamentary Procedure and Dog Obedience Career Development Event Teams. For her SAE projects, Sami raised steers, market hogs, corn, and soybeans. She restored the famous pink John Deere B which was featured on television and in several printed works. She earned numerous FFA awards including- Star Greenhand, Star Chapter, Star Junior, Dekalb Agricultural Achievement Award, scholarship awards, and several chapter proficiency awards. She was named the 2010 Student of the Year at Firelands High School.

Fifteen Firelands FFA members and their five chaperones witnessed the awarding of the American Degree at the Lucas Oil Stadium. Shanna Finnegan is the Firelands Agricultural Educator and FFA advisor.



## JVS - 1ST QUARTER HONOR AND MERIT ROLL

### HONOR ROLL

<b>Seniors</b>	Zachary Jackson*	Joseph Kudela
Steven Bajcer*	Andrew Keets	Carl Larson
Brandon Camp	Tyler Koptis*	Cassie Muniga
Kaleigh Crandahl*	Tristan Kovacs*	Nicole Nimon
Nathaniel Crawford	Kyle Kurtz*	Jordan Potts
Heather DeMeter	Kyle Lear	Justin Stefanski
Joseph DeWitt III	Ronald Lenk*	Andrew Thoms
Gina Januzzi	Nadine Luther	Dakota Tucker
Daniel Kinsley	Kevin Migra	Maria Wiseman
Megan Kudela	Austin Miller	Michael Wiseman
Britany Laughlin	Garrett Monhollen*	<b>Juniors</b>
Brandon Mederer	Jacob Peters	Stanley Bohl, Jr.
Joel Miller	Marissa Poling	Raquel Dominico
Amanda Morrisette	Kaitlyn Proy	Patrick Gerhardinger
Megan Pugh	Candice Roig	Jeffrey Habeck
Paxton Roby	Elizabeth Turner	Dylan Hancock
Brandon Saunders	Dakota Watson	David Pataky
Brittany Saylor	Devin Wray*	Tyler Paterchak
Cory Smith*	Chelsea Wright	Hayley Pearson
Lauren Smyth	Samantha Yakunovich	Robert Pete
Katelyn Stone	<b>Sophomores</b>	Alexander Rangel
Jacob Westfall	Kenneth Conrady	Mitchell Rice
Amanda Williams	<b>MERIT ROLL</b>	Adam Rutherford
	<b>Seniors</b>	Corey Sittinger
	Aime Alvarez	Ashly Yakunovich
	Randy Daniels	<b>Sophomores</b>
	Ariel Denney	Kyle Gregory
	Victoria Flynn	Taylor Viperman
	Samantha Kilby	
	John Knoble	

\*Denotes all A's

## GIRLS 6TH GRADE BASKETBALL LEAGUE

**Attention all 6th grade girls living in the Firelands School District.**

We will be offering a spring basketball league competing against other Lorain County teams. All games will be held at Firelands High School on Sundays, starting at 1:00 p.m. First game will be Sunday, March 4th and conclude April 29th. Practices will be held during the week, TBA.

**Cost Per Player is \$35.00 (t-shirt included)**  
**Make Checks Payable to: TEAM FIRELANDS FUNDS**  
**Deadline: February 10, 2012**



Girls can pick up forms at SAMS office or contact Coach Dave Kudela at FHS; [dkudela@firelandsschools.org](mailto:dkudela@firelandsschools.org) or (440) 315-2726.

### CLUB EXCELLENCE MERCHANT PARTICIPATION

It is again time to thank local merchants for participating in Firelands High School's Club Excellence program. Club Excellence is a program that rewards students for pursuing academic excellence with local businesses granting various discounts when shown proof of excellence with a Club Excellence card.

**We'd like to thank the following companies for their generosity:**  
**CLUB EXCELLENCE PARTICIPATING MERCHANTS 2011-2012**

<u>Name</u>	<u>Address</u>	<u>Offer</u>
Wendy's of Vermilion	Sandusky, Huron, Vermilion & Port Clinton	Free Food Coupon
Denny's	900 N. Leavitt Rd., Amherst 44001	10% Discount of purchases
East of Chicago	102 N. Lake Street, South Amherst, 44001	20% Discount of purchases
East of Chicago	19 W. Main Street, Wakeman, 44889	10% Discount of purchases
Monster Tan	2219 Kresge Drive, Amherst, 44001	20% Discount of purchases
The Strand	109 North Leavitt Road., Amherst, 44001	25% Discount of purchases
Lake Erie Lanes	4523 Liberty Ave., Vermilion, 44089	Bowl 1 Game-Get One Free

**If you would like to have your business included in this worthwhile program, please contact Mrs. Kathy Dziat, Secretary, Firelands High School, 965-4255**



### FIRELANDS FFA FALL HAYRIDE

By: Brandon Lowder

**Florence Township, OH** - The fall hayride this year was hosted at the Galloway Farms. This fall hayride yielded a very large turnout of over eighty members and about thirty guests. The fall hayride consisted of a vast quantity of pizza, cookies, hot chocolate and juice. In order to serve the purpose of the hayride two tractors pulled a large wagon a piece. This served as a safe place for the members and guests to sit for the hayride. Near the party there was a small bonfire that provided grounds for socialization and warmth. On the outskirts of the party there was a large bonfire that attracted a lot of attention.

Overall we all had a great time and it was a very good turnout. The FFA wants to thank the Galloway's for hosting such a nice event.

### WELCOME

### MR. JASON PETZ

Mr. Jason Petz is teaching Mr. Muth's classes. As many of you have heard Mr. Muth was involved in a very tragic car accident right before Thanksgiving break. We are happy to announce that Jason Petz is currently teaching Mr. Muth's classes until the end of the year. Mr. Petz is a Firelands graduate and recently graduated from Muskingum University. He is also volunteering as the assistant JV boy's basketball coach.

Mr. Petz has announced that the classes are getting work completed and will wrap up the first semester on January 19<sup>th</sup>. If you have any classroom questions or concerns please email Mr. Petz at

[jpetz@firelandsschools.org](mailto:jpetz@firelandsschools.org)

If you would wish to talk over the phone, please either email him or send a note with your son or daughter to school. Mr. Petz welcomes any and all parent involvement in their son or daughter's education.

## Brownhelm Perfection & BB 4-H Club

### IT'S THAT TIME OF THE YEAR AGAIN!

The Brownhelm Perfection & BB 4-H Club is having their first meeting for the 2012 year.

**WHEN: Monday, February 6, 2012**

**WHERE: The Brownhelm Congregational Church**

**TIME: From 7:00 - 8:30 p.m.**

The club meets the 1st & 3rd Mondays of each month thru the first of August. We then participate in the Lorain County Fair at the end of August.

**New members are welcome!** **Children in grades Kindergarten thru 12th are invited to join.**

For more information please call Lisa Thrasher @ 440-213-6180.

4-H has many different areas of interest for kids to choose and participate in. We're looking forward to a very fun and interactive year!



The 8<sup>th</sup> grade science classes had a wonderful opportunity to visit with 2 Ball Python snakes.



Mrs. Mowry's class goes on a shopping trip.

## FHS Staff and Friends Give Back This Holiday Season

Four staff members from Firelands High School gave back to the community on Sunday, December 4. They, along with their friends and family members, volunteered for the Mary Lee Tucker Clothe-A-Child program. This program has been around since 1924 and provides warm winter clothing to needy school-aged children in Lorain County. This year alone, the program will provide winter clothing to over 700 families in Lorain County! Barbara Eaton, Shelley Hozalski, Jennifer Purcell and Melanie Woodrum spent two hours on Sunday shopping with local children, buying winter coats, hats, gloves, boots and clothing. It was an amazing experience to feel like you are helping those in need. It took only two hours out of their day to make a world of difference for children this holiday season! A huge thank you also goes out to Kristi Hozalski, Michelle Deichler, Crystal Sees, Susie Sees, Beth Krieg and Janelle Molenaar (6<sup>th</sup> grade teacher at Sailorway Middle School in Vermilion).



## BOOSTERS NEWS

Its hard to believe, but we are halfway through the school year! There are plenty of sporting events to come, and many student athletes and coaches that are counting on the Boosters to help fund their needs. **It is not too late for YOU to join us, and add your support.** There are no commitments or contracts to sign! We are just looking for folks that will step up to help with decision making, to bring new ideas, and occasionally lend a hand when needed. Why not check it out for yourselves. The new year has brought some changes to the Boosters. It is with mixed emotions that we must bid farewell to our President, Mike O'Keefe. We are excited as Mike has become a member of the Firelands School Board, but sad that he must step down as our leader. **Many thanks to Mike for his outstanding leadership.**

At this time, the Boosters are in great need of dedicated people to fill some vacancies on the Executive Board. If you would be willing to fill this need for the remainder of the year, please contact Bob Danicki at 440-371-6149, or any booster officer. **We will be meeting in the FHS library Monday January 23rd, at 7pm. See you there!**

## STRIVE CLUB

December 5, 2011 - Five members of the Firelands High School STRIVE club gave up part of their weekend to assist the Oberlin Rotary Club with their annual Holiday Adopt-a-Family program. STRIVE Coordinator Jim Hieb shared, "it is always rewarding to help families in need and the fact that we had five members of our STRIVE program help with the shopping made it that much better." In total, three families (including one in the Firelands School District) in the greater Oberlin area will benefit. Special thanks to Nick, Ariel, Chris, Ally, & Emily for their assistance. They were joined by



Jim's son Chad (a fifth grader at FES).

**NOTE:** This is the second year the Oberlin Rotary Club has offered the STRIVE program at FHS.

STRIVE focuses on mentoring and student success with a total of \$1,750 in scholarships to be awarded to FHS seniors at the close of the school year.



STRIVE club is coordinated by Mrs. Mary Aufdenkampe, Mr. Jim Hieb, and Assistant Principal Mr. Brown.

## SAMS News!

### Choir & Band

The SAMS Choir and Band held their Winter Concerts to a packed gymnasium! Their level of performance was exceptional. If I did not know better, I would have thought I was at a High School performance. Congratulations to those students, Mr. Brawley, Mr. Wiley, & Mrs. Johnson!

### 8<sup>th</sup> Grade Mock Trial Winners

Awesome job to Char Muth and her 8<sup>th</sup> Grade Gifted Language Arts Students on winning the Mock Trial. This event included students from all Lorain County Schools.

### 7<sup>th</sup>/8<sup>th</sup> Grade Creative Writing

The 7<sup>th</sup>/8<sup>th</sup> Grade Creative Writing classes held a story time with local preschoolers. Mrs. Post and her students read Christmas and Holiday stories to many happy preschoolers. Mrs. Sullivan's Works and Family classes baked cookies for the kids and their parents/grandparents.

### Hands-on Learning

In December, Mrs. Mowry's students took a field trip to the Dollar Tree store in Oberlin to purchase Christmas gifts. This field trip helped her students put the life skills they are learning in the classroom to the real world. The field trip also included bowling at College Lanes in Oberlin – a great time and learning was had by all!

It is hard to believe that we are half way through the school year! The year has been full of excitement, learning, and successes. I am proud of the students, families, and staff for their hard work and achievements thus far. I am looking forward to even greater success and student achievement second semester!

It is not enough to be the best, when you have the ability to be GREAT!

**DARE to be GREAT Falcons!**  
Dave Brand, Principal

## FHS Student Council



Once again, FHS Student Council spread holiday cheer by organizing the collect of non-perishable food items, hats, mittens, scarfs and generous donations during the 9<sup>th</sup> Annual Tree Lighting. This year they collected 257 food items which were donated to Second Harvest Food Bank. They also collected plenty of clothing items with the help of

FCCLA, which were donated to First Merit Bank & United Way clothing drive for disbursement to Lorain County residents. Student Council also went to local businesses to get baskets donated for the basket raffle. They raised over 250 dollars that was used to buy items for Birth Right.

This was also the first year for "Penny Wars" where all of the high school grades competed to see who could collect the most pennies; the seniors won. The students took this beyond just the high school, by going out in the community to collect. Penny Wars raised over 2,000 dollars that will be donated to the Muth Family Fund. If you would like to help out the Muth family, Student Council still has some wristbands (Friends Family Firelands) on sale for \$1. They are going fast so contact a council member or Mr. Miller to get yours today!



The next event for Student Council is Winter Senior Appreciation on February 21<sup>st</sup> at the boys' basketball game. Student Council will be having a hospitality room opening at 6pm for the seniors and their families to enjoy. Line-up will begin promptly at 6:45pm, and seniors will be announced in between the JV and Varsity games. Seniors can pick up their forms in the main office, or in Mr. Miller's room. Please have the forms returned to Mr. Miller by February 14<sup>th</sup>. Come out and appreciate the seniors one more time before graduation.

**FFA Parliamentary Procedure Teams**

**Sr. Parliamentary Procedure Team: Front Row: Alex Tuggle & Josh Hanna, Back Row: Chrissy Balint, Erica Hanko, Emma Ranney, Jess Zurcher, Abby Miller, and Emily Teaman**

The FFA Parliamentary Procedure Teams would like to dedicate their best performances to date to Mr. Muth. Mr. Muth is an FFA alumni and one of their biggest supporters and he spent some time working with one of our junior teams.

On Wednesday, November 30<sup>th</sup> the senior team and two junior teams competed at the subdistrict contest at Hillsdale High School. For the first time in our chapter's history, we qualified two teams for the district competition on December 7<sup>th</sup>. The senior team placed second and team members are Alex Tuggle, Emily Teaman, Abby Miller, Jess Zurcher, Emma Ranney, Chrissy Balint, Erica Hanko, and Josh Hanna. The two junior teams placed first and second in the subdistrict. Unfortunately, only one team could represent us at districts. Team members of the first place team that moved on to districts are: Cole Lewis, Jessie Beran, Dean Ortner, Cullen Grude, Jamie Penkava, Ali Butler, Emily Herchler, and Kyle Kudela. The second place team was: Emily Pohorence, Taylor Odom, Demi Dovin, Heather Smyth, Becca Bari, Steph Dostall, Jody Hanko, and Katie Fath. All teams were also rated gold at subdistrict!

The district contest was held on December 7<sup>th</sup> at New London High School. Both the junior and senior teams competed and both teams qualified for state! This is the first time a Firelands team has moved on to the state contest! Both teams earned gold ratings and both placed second.

**CONGRATULATIONS AND GOOD LUCK AT STATE!**



**Jr. Parli Pro Team: Front Row: Jamie Penkava, Emily Herchler, Jessie Beran, Alison Butler, Back Row: Kyle Kudela, Cole Lewis, Cullen Grude, Dean Ortner**

**GUIDANCE CORNER**

Current 8<sup>th</sup> grade students and parents are invited to the FHS Freshmen orientation on Monday, February 27<sup>th</sup> at 6:30 p.m. in the Firelands High School Gym.

**Freshman Class:** Project Lead the Way

This class is offered to Sophomores. Project Lead the Way (PLTW) offers a dynamic high school program that provides students with real-world learning and hands-on experience. The PLTW curriculum allows students to see how the lessons they learn in the classroom are valuable tools to be applied in their everyday lives.

**Sophomore Class:** On Thursday, January 26<sup>th</sup> all the interested students, who have turned in a permission slip will be touring the JVS. This trip will allow them to observe the various career programs available to them. JVS Open House will be Sunday, February 5<sup>th</sup> 1:30 to 3:30pm.

The Ohio Graduation Test will be March 12<sup>th</sup> to 16<sup>th</sup>. All sophomores are required to take and pass all 5 portions (Reading, Math, Writing, Science, and Social Studies), in order to graduate. This will be their first opportunity to meet this graduation requirement.

**Junior Class:** The scheduling process for your senior year will start Tuesday, January 31<sup>st</sup>. This month, all English III students signed up for an ACT online account ([www.actstudent.org](http://www.actstudent.org)) and started the registration process. We recommend that college bound students take the test twice with the first time being April or June of this year.

**Senior Class**

The seniors have been busy finalizing their career portfolios in Government class. These portfolios can be used for filling out scholarship applications, college applications, and possible job applications.

Visit the Guidance website at [www.firelandsschools.org](http://www.firelandsschools.org), click to the high school, click on guidance office and view the Scholarship information. Here you can download the local scholarship application.

College Goal Sunday will be February 12<sup>th</sup> at 2:00 p.m. at LCCC or BGSU-Firelands in Huron. To register, go to [www.ohiocollegegoalsunday.org](http://www.ohiocollegegoalsunday.org) or call 1-877-428-8246.

Another helpful website to assist with finding money for college is [www.fafsa.org](http://www.fafsa.org). You can apply for your pin for financial aid today.

The following scholarships are now available in the Guidance Office. Stop in for more information.

- FFA Book Scholarship – due by March 16<sup>th</sup>-- see **Mrs. Finnegan**
- Student Council Book Scholarship – due by March 16<sup>th</sup>--- see **Mr. Miller**
- OAPSE Scholarship – due by March 16<sup>th</sup>
- Amherst Rotary Scholarship – due by March 16<sup>th</sup>
- National Honor Society Book Scholarship – due by March 16<sup>th</sup>
- FEA Memorial Scholarship – due by March 16<sup>th</sup>
- Joseph L. Knoble Lions Club Scholarship – due by March 16<sup>th</sup>
- Firelands Community Scholarship – due by March 15<sup>th</sup>
- Michelle Brand Memorial Scholarship – due by March 11<sup>th</sup>
- Cameron Greene Memorial Scholarship – due by March 15<sup>th</sup>
- Susan Beechler Scholarship for Future Teachers – due by March 15<sup>th</sup>
- Debbie Cook Fine Arts Scholarship – due by March 15<sup>th</sup>
- Milad & Fanny Abraham Scholarships – due by March 15<sup>th</sup>
- John W. Hostetler Scholarship – due by March 15<sup>th</sup>
- Strive Scholarship – due by March 16<sup>th</sup>--- see **Mr. Brown**
- Wayne Ross Scholarship for Educators---due April 2<sup>nd</sup>
- Bechtel Family Scholarship(2<sup>nd</sup> year college)---due March 15<sup>th</sup>
- Gerald E. Bachman Memorial Scholarship---due March 15<sup>th</sup>
- Firelands Booster Club Scholarship--due by March 16<sup>th</sup>
- Jim Solomon Memorial Scholarship--due by March 15<sup>th</sup>
- Danne Davison Memorial Scholarship---due March 16<sup>th</sup>
- Firelands Band Booster Scholarship---due March 16<sup>th</sup>



Firelands Elementary enjoyed a "Crazy Christmas Dress Day" in support of Mr. Muth. Students and staff dressed "Christmasy" from head to toe, while raising \$1,124 for the Muth family!



Firelands Elementary students donated hundreds of toys for The Chronicle's Not Forgotten Box collection. Toys are given to families through the Salvation Army. Thanks to everyone for helping area families.



## Teen Leadership Corps

The Teen Leadership Corps class at Firelands High school has been busy! The class was introduced this year as a brand new addition to the curriculum. The group has accomplished so much in so little time. The community service started back in November with the "Keep Kids Warm" drive. The whole group worked together to help encourage the students to bring in hats, gloves, and socks for the Boys and Girls Club of Cleveland. The schools district collected over 350 articles of clothing. The students also baked cookies and purchased bars of soap to donate to a local soup kitchen. In the beginning of December, the students of TLC and members of the Firelands community participated in a Toy Drive through the Cleveland Cavaliers and Lake Erie Monsters. Together they collected 113 toys to also donate to the Boys and Girls Club. Also every Tuesday the TLC students pair up with a student from the elementary school to help them with school work or to just be a positive friend to spend time with.



As the hectic holiday season began, the students didn't stop there! They wanted to plan a week where the students could focus on something positive. They composed "Holiday Week," a week dedicated to the holiday spirit where every day was something new and exciting, such as holiday hat day and tacky sweater day. The students and staff were thrilled to participate. Originally, the students were collecting money by selling "Candy Grams" to donate to a local charity, but after hearing the tragic news of Jim Muth, decided to give all of the proceeds to the family in need. But the love for the Muth family didn't stop there either! The students of TLC put on a benefit dance to also raise money. With selling over 200 tickets, pop, water, and pizza, they were able to raise about \$1,500 that went straight to the Muth fund. With the help of DJ Fester Fest, the students were able to have an amazing time.

Starting the week of February 13<sup>th</sup> through the 17<sup>th</sup> TLC will be hosting the **Olive Garden Pasta for Pennies Drive** benefiting the Leukemia and Lymphoma Society. All the money raised will support the Society's mission to cure leukemia, lymphoma, myeloma, and Hodgkin's disease and to improve the quality of life of patients and their families.

### WINTER SAFETY TIPS

Now that winter has finally arrived, here are some tips to keep everyone safe all year long. Remember with bad road conditions the Bus may be late. Please do not call the Bus Garage as it can create a lot of radio conversation that can be distracting to all the drivers when the roadways are bad.

#### PLEASE BE PATIENT

- \* Have the students at the Bus Stop and ready to board before the Bus arrives, (five minutes suggested), Board Policy. Please do not wait in your house or your car until the bus stops. The students need to be lined up and ready to board the bus when the bus arrives at the stop.
- \* Have the students wait back from the edge of the road approximately ten feet and wait until the Bus has stopped and the door has opened or signaled by the driver to cross the road or approach the bus.
- \* When crossing the road use the proper procedures, wait for driver to signal, stop at the center of the road and check traffic on their own before crossing to their home side, proceeding to their place of safety, again about ten feet from the edge of the road, and wait until the bus leaves before proceeding home.

Clear a path to the bus stop, sidewalk or yard.

Have the students dressed for the weather; boots, coats, gloves.

The drivers have an awesome responsibility to get the students to and from school safely and your help is essential!

**Firelands High School**  
**Parents for a Safe After Prom Environment**  
**(PSAPE) Class of 2013**  
**“Night Out at the Races”**  
**Saturday, February 18, 2012**  
**6:00 PM Doors Open; Racing Commences 7:00 PM**  
**UAW Local 425 Hall**  
**5300 Baumhart Road, Lorain**



Name/Business: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ PURCHASE A TABLE: \$200.00  
 Includes 8 admission tickets, Horse, Advertisement in Program & Table Advertisement

Name of Horse \_\_\_\_\_

\_\_\_\_\_ FULL PAGE ADVERTISEMENT IN PROGRAM: \$100.00

\_\_\_\_\_ SPONSOR A RACE: \$50.00  
 Includes Advertisement in Program, Recognition at the Time of Race

Name of Horse \_\_\_\_\_

\_\_\_\_\_ BUSINESS CARD ADVERTISEMENT IN PROGRAM: \$25.00

\_\_\_\_\_ PURCHASE A HORSE: \$20.00  
 Includes chance to win \$50

Name of Horse \_\_\_\_\_

\_\_\_\_\_ PURCHASE TICKETS(S) FOR EVENT: \$20.00 (each)

**\$20.00 Admission/Purchase and name a horse for \$20.00. \*\*A hot meal, beer, beverages, and desserts will be provided. Raffle baskets, 50/50's and much more! Please come and enjoy a fun filled evening.**

**Make Checks Payable to:** PSAPE, C/O Sue Holowecky  
 103 Squires Court  
 South Amherst, Ohio 44001

**QUESTIONS? CONTACT:**

Jen Helton: 242-7049; Annette Wargo: 320-4953; Steph Hyster: 396-3454

Or Via Email: [jimjenhelton@aol.com](mailto:jimjenhelton@aol.com) Or [sue103@oh.rr.com](mailto:sue103@oh.rr.com)

**\*\*\* PLEASE INCLUDE COPY OF BUSINESS CARD OR AD \*\*\***

**THANK YOU FOR YOUR SUPPORT!**

## Lady Falcons Fast-Pitch Clinic

**SATURDAY, MARCH 17, 2012**

**For Girls in Grade 1-8**



**Enrollment**  
Open to any girl in grades 1-8

**Location**  
South Amherst Middle School  
Large & Small Gyms

**Purpose**  
To learn about, and practice the latest techniques in  
Fielding Throwing Catching  
Bunting Hitting Pitching & Base Running  
... with the Firelands High School Varsity and JV  
Players and Coaches!

**Sessions**  
Session 1: Grade 1-4  
(9:00 am- 11:30 am)  
Session 2: Grades 5-8  
(12:30 pm – 3:00 pm)

**MAKE CHECKS PAYABLE TO:**  
**TEAM FIRELANDS FUND**  
 (Registration fee is non-refundable)  
 Any questions or concerns, please  
 contact FHS Head Softball Coach  
 Judy Dostall at 440-935-5187.  
**Return this form by March 5, 2012**  
 With payment to:  
**TEAM FIRELANDS FUND**  
 50269 State Route 20, Oberlin, Ohio 44074

**REGISTRATION FEE:**  
 The Clinic fee will be  
**\$40.00 per player**  
 (Payment due no later than  
 March 5, 2012)  
 Fee will include a Lady Falcon  
 Fast-Pitch T-Shirt.  
 Games and Prizes

My Daughter will attend session:

\_\_\_\_\_ Session 1: Grade 1-4 (9:00 am- 11:30 am)

\_\_\_\_\_ Session 2: Grades 5-8 (12:30 pm – 3:00 pm)

Enclosed is the entry fee of **\$40.00**

\_\_\_\_\_ CASH \_\_\_\_\_ Check # \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Present Grade Level: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_ (child or adult)

I give my daughter permission to participate in the lady Falcon Fast-Pitch Clinic. I fully understand that anyone associated with the camp is not responsible for any accident/injury sustained to my daughter while participating at this camp. I will assume all responsibility for my daughter's participation.

\_\_\_\_\_  
Signature of Parent/Guardian)



**Front Row Left to Right:** Brennan Crawford, Jessie Beran, Rachel Kaller, Emma Northeim, Meghan Butler, and Abbey Skolnik.  
**Back Row:** Brady Jeffers, Seth Jeffers, Logan Rathge, Cullen Grude and Michael Adkins.

## Falcon Cross Country Teams Awards Banquet

The Falcon Cross Country teams held their end of the season awards banquet. Senior Seth Jeffers and Junior Brady Jeffers, were honored for advancing to the Regional Meet in Tiffin with 7<sup>th</sup> and 6<sup>th</sup> place finishes at Districts at LCCC. Also advancing to Regional's was the Girls team of Jessie Beran, Abbey Skolnik, Meghan Butler, Emma Northeim, and Rachel Kaller. Seth, Brady, Jessie, Abbey, Meghan, Emma, and Rachel were honored by the school board at the November meeting. Coaches Bob Donelson, Julene Woods, and Greg Notheim all spoke of each individual runner's accomplishments through the season. This year the boys' team had 14 runners.

Top Runner awards were given to Brady and Jessie. The Coach's Award was given to Freshmen Brennan Crawford and Junior Emma Northeim. Being recognized for winning the Falcon Award were Freshmen Michael Adkins and Cullen Grude along with sophomore's Rachel and Abbey. Captains Awards went to Seth, Logan Rathge, and Meghan.

Lastly, Seth was given the award for being the Most Improved Runner this season.

First Team All PAC went to Brady and Jessie.  
 Second Team All PAC was awarded to Seth.  
 Honorable Mention All PAC went to Meghan and Emma.

First Team Lorain County honors were given to Brady and Seth Jeffers.  
 Second Team Lorain County went to Logan, Jessie and Meghan.  
 Honorable Mention Lorain County was awarded to Abbey, Rachel, and Emma.

## COMMUNITY CALENDAR

### JANUARY

- 24 FES - Report Cards Sent Home
- 24 Boys Varsity Basketball (home) vs Brooklyn - 7:30 pm
- 25 SAMS - Fabulous Falcon Breakfast - 9:00 - 10:00 am
- 25 Coed Varsity Bowling @ Midview - 4:00 pm
- 26 Boys Varsity Wrestling (home) vs Keystone - 6:00 pm
- 27 Boys Varsity Basketball @ Clearview - 7:30 pm
- 28 FHS - OMEA Solo & Ensemble
- 28 Girls Varsity Basketball (home) vs Keystone-2:30 pm
- 30 FES - Market Day Pickup - 5:30 - 6:30 pm
- 31 Boys Varsity Basketball (home) vs Columbia-7:30 pm

### FEBRUARY

- 1 FES-PTG Meeting, 7:00 p.m. in Teacher Lunchroom
- 1 Coed Varsity Bowling @ Midpark High - 4:00 pm
- 1 Girls Varsity Basketball @ Buckeye - 7:30 p.m.
- 3 Boys Varsity Basketball (home) vs Keystone, 7:30pm
- 4 Girls Varsity Basketball @ Wellington - 2:30 pm
- 4 Coed Varsity Bowling @ Conference Tournament (scrimmage) - 5:00 pm
- 4 FHS - Lorain County Solo & Ensemble at Amherst
- 7 Boys Varsity Basketball @ Buckeye - 7:30 pm
- 8 Girls Varsity Basketball (home)vsBlack River,7:30pm
- 10 Boys Varsity Basketball @ Wellington - 7:30 pm

### FEBRUARY

- 11 Boys Varsity Wrestling @ PAC Tournament @ Columbia - 10:00 am
- 11 Girls Varsity Basketball (home) vs Brookside 2:30pm
- 11 SAMS - Lorain County Solo & Ensemble Contest
- 12 Boys Varsity Bowling @ OHSAA Sectional- 9:00 am
- 12 Girls Varsity Bowling @ OHSAA Sectional- 2:00 pm
- 13 Board of Education Meeting - 7:00 p.m.
- 14 Boys Varsity Basketball (home) vs North Ridgeville - 7:30 pm
- 14 FES - Valentine's Day Parties - 2:40 p.m.
- 15 SAMS - Band Concert - 7:00 - 8:00 p.m.
- 17 Boys Varsity Basketball (home)vsBlack River :30pm
- 20 **PRESIDENT'S DAY - NO SCHOOL**
- 21 Boys Varsity Basketball (home) vs Brookside7:30 pm
- 21 SAMS - PTG Meeting - 7:00 p.m.
- 21 FHS - Band Boosters Meeting @ FHS - 7:00 p.m.
- 23 FHS - Band Concert at FHS - 7:00 p.m.
- 23 FES Spelling Bee @ FES - Grades 3 & 4 at 9:00 a.m.
- 24 Interim Reports
- 25 SAMS - 7th & 8th Grade - Winter Formal Dance
- 27 FES - Market Day Pickup - 5:30 - 6:30 p.m.
- 27 FHS New Student Orientation (8th graders) at FHS 6:30 p.m.
- 28 FHS - Choir Concert at FHS - 7:00 p.m.

### MFMB

### Musical Moments

The final payment is due on February 8th for the Disney trip. Please note this date!

There are still coupon books available for purchase. Just email the booster's or call Michele Jeffers at 986-5150.

#### CALENDAR OF EVENTS

- JANUARY 17th - Booster Meeting/7 pm/Band room.**
- Jan. 28-OMEA Solo and Ensemble**
- FEBRUARY 11-Lorain County Solo and Ensemble Contest**
- 21st-Booster Meeting/7 pm-band room.**

- 23rd-Winter Concert/Pasta dinner prior to concert**

Our band booster group is getting busier and busier with the growing needs of our students. Please take the time to come to our meetings and participate in our activities. It makes a dramatic difference in all of our student's lives!

[firelandsbandboosters@gmail.com](mailto:firelandsbandboosters@gmail.com)



Mrs. Ollis' Kindergarten class made Christmas cards for a troop stationed in Afghanistan for the holidays. The Kindergarten class also worked together to make an American flag to give to the troops. They started by writing their names and the words "thank you" on each star. To make their flag complete, they used red handprints for the stripes.



**Back Row:** Nevaeh Floyd, Reagan Hutspiller, Amanda DeWitt, Elijah Cornish, Miranda Burnworth, Rael Duley, Alyssa Montgomery, Camdyn Fuller  
**Middle Row:** Aydan Byrd, Andres Alvarez, Christopher Radman, Mrs. Ollis, Niko Gotsis, Rileigh Roule  
**Front Row:** Samuel Crockett, Cole Von Gunten, Cohl Greene, Logan Becker, Alex Kalassay  
**Not pictured:** Katie Steindl, Allison Durbin, T.J. Phillips

### Gimme 5 Trait of the Month: Acceptance/Tolerance

#### What to Do About Bullying: Tips for Parents

- \* Encourage your child to report bullying incidents to you.
- \* Ask your child how s/he has tried to stop the bullying.
- \* Coach your child in possible alternatives, such as finding new friends or staying near supervising adults.
- \* Encourage your child to seek help and to report bullying incidents to someone s/he feels safe with at the school
- \* Use school personnel and other parents as resources in finding positive ways to encourage respectful behaviors at school.

These tips adapted from the Committee for Children article "What to Do About Bullying" found on Education.com

## FHS Art Students in the 2012 Regional Scholastic Show

The annual Lorain County Regional Scholastic Art Exhibition kicked off Jan. 10 and includes artwork from a record-breaking 19 Firelands High School students. The Scholastic Art Awards program is the largest annual art competition in the country. Students in schools across the United States and Canada create the 150,000 entries submitted each year. The program recognizes creative achievements of 7-12 grade student artists with an exhibition, awards and scholarships. Students earn third place "honorable mention", second place "silver key" and the top award of "gold key".

High school art teachers Tamara Chippi and Laura Tawil entered general studio work and computer teacher Jean Liljegren entered Digital Image Design student work in the competition. This year we have a school record-breaking representation of 27 works from 19 students. Sophomore Tara Brown, a student in Mrs. Liljegren's Digital Image Design class, earned an honorable mention for her work. Mrs. Tawil's Art 2 students made a huge impression this year with their printmaking. Sophomores Katie Cline and Brenna Horwedel earned honorable mentions and Kyle Kosztyo, Joey Bender and Chayce Hall earned silver keys for their linoleum reduction prints. Sophomore Damian Wilson earned 2 honorable mentions for a pair of pencil and charcoal drawings.

### ART 2 WINNERS



**Seated:** Brenna Horwedel and Katie Cline  
**Standing:** Joey Bender, Kyle Kosztyo, Chayce Hall and Damian Wilson

The Art 3 students also won under the guidance of Mrs. Tawil. Juniors Erika Hornyak earned silver and Biz James earned an honorable mention for their prints. Sophomore Lauren Holcomb earned an honorable mention for her drawing. Senior Amanda Morrisette earned an honorable mention and a silver key for a pair of photos. Junior Lindsey Kasper earned a silver key for a digitally altered image. Junior Kelsey Mullins earned an honorable mention and 2 silver keys for a trio of photos.

The Art 4 and Advanced Art students brought in more honors for the department under the guidance of Mrs. Chippi. Seniors Steven Morgan and Megan Alvarez earned honorable mentions for their mixed media paintings. Senior Nate Danko earned an honorable mention and Ben Midkiff earned a silver key for their prints. Junior Hannah Branz earned 2 honorable mentions for a print and a painting. Senior Advanced Art student Chris Neal earned a silver key for his painting and a gold key for his print. Chris's print will advance to New York City for national judging.

The exhibit is hosted at the Stocker Center gallery on the campus of Lorain County Community College and funded by Nordson. The exhibit runs from Jan. 10 – Feb. 5. A special reception was held for all artists on Jan. 15. A closing awards ceremony and reception will be held on Feb. 5 for the gold key winners. Gallery hours are Mon. - Fri. 10:30-2:30 with Tues., Wed., and Thurs. evenings 5-7pm and Sundays 1-5. The gallery is also open during Stocker Center performances.

### ART 3, 4, ADVANCED ART & DIGITAL IMAGE DESIGN WINNERS



**Seated Row 1:** Biz James, Erika Hornyak, Lauren Holcomb, Lindsey Kasper, Tara Brown  
**Seated Row 2:** Hannah Branz, Amanda Morrisette, Megan Alvarez and Kelsey Mullins  
**Standing Row 3:** Chris Neal, Ben Midkiff, Nate Danko and Steven Morgan

**LUNCH MENUS**

FIRELANDS ELEMENTARY SCHOOL	SOUTH AMHERST MIDDLE SCHOOL	FIRELANDS HIGH SCHOOL
Regular Lunch \$2.10—Ice Cold Milk served with all meals	Regular Lunch \$2.35—Ice Cold Milk served with all meals	Regular Lunch \$2.50—Ice Cold Milk served with all meals
<p align="center"><b>JANUARY 23 - JANUARY 27</b></p> <p><b>MONDAY</b> - Mini Corn Dogs, Baked sweet potato fries, Peaches  <b>TUESDAY</b> - Domino's smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat  <b>WEDNESDAY</b> - Macaroni &amp; cheese, Seasoned peas, Fresh fruit, Whole grain roll  <b>THURSDAY</b>-Stuffed crust pizza, Tossed salad w/carrots &amp; spinach, Applesauce  <b>FRIDAY</b> - General Tso's Chicken, Stir Fry Veggies, Seasoned Rice, Chilled pineapple tidbits, Fortune cookie</p> <p align="center"><b>JANUARY 30 - FEBRUARY 3</b></p> <p><b>MONDAY</b> - Sausage links, French toast sticks, Cheesy potatoes, Orange juice cup  <b>TUESDAY</b> - Domino's smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat  <b>WEDNESDAY</b> - Hot dog w/bun, Baked tater tots, Fruit Sherbet  <b>THURSDAY</b> - Beef Ravioli, Green beans, Peaches, Whole grain roll  <b>FRIDAY</b> - Baked chicken strips, Broccoli w/cheese, Chilled pears, Rice Krispie square</p> <p align="center"><b>FEBRUARY 6 - FEBRUARY 10</b></p> <p><b>MONDAY</b> - Mini Corn Dogs, Vegetables w/dip, Chilled peaches  <b>TUESDAY</b>—Domino's smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat  <b>WEDNESDAY</b>—General Tso's Chicken, Stir Fry Veggies, Seasoned Rice, Chilled pineapple tidbits, Fortune cookie  <b>THURSDAY</b> - Taco Salad, Shredded lettuce &amp; cheese, Fresh fruit, Tortilla chips  <b>FRIDAY</b>- Macaroni &amp; cheese, Seasoned peas, Chilled pears, Whole grain roll</p> <p align="center"><b>FEBRUARY 13 - FEBRUARY 17</b></p> <p><b>MONDAY</b> - Hamburger w/bun, Baked fries, Chilled Mandarin Oranges  <b>TUESDAY</b> - Domino's smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat  <b>WEDNESDAY</b> - Chicken patty sandwich, Tossed salad w/ carrots &amp; spinach, Fresh fruit  <b>THURSDAY</b>- Salisbury steak, Seasoned corn, Whipped potatoes, Chilled peaches, Whole grain roll  <b>FRIDAY</b>- Cheese quesadilla, Broccoli w/cheese, Seasoned rice, Chilled pineapple</p> <p align="center"><b>FEBRUARY 20 - FEBRUARY 24</b></p> <p><b>MONDAY</b>— "NO SCHOOL" PRESIDENTS DAY  <b>TUESDAY</b>- Domino's smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat  <b>WEDNESDAY</b>- Baked chicken nuggets, Seasoned green beans, Soft pretzel, Chilled pears  <b>THURSDAY</b> - Soft taco, Shredded lettuce &amp; cheese, Fresh fruit, Pudding  <b>FRIDAY</b> - Cheese stuffed breadstick, Vegetables w/dip, Chilled mandarin oranges</p> <p align="center"><b>FEBRUARY 27 - MARCH 2</b></p> <p><b>MONDAY</b> - Sausage links, French toast sticks, Cheesy potatoes, Orange juice cup  <b>TUESDAY</b> - Domino's smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat  <b>WEDNESDAY</b> - Baked chicken fries, California blend vegetables, Seasoned rice, Fresh fruit</p>	<p align="center"><b>JANUARY 23 - JANUARY 27</b></p> <p><b>MONDAY</b> - Pepperoni &amp; cheese roll Or Southwest pizza, California blend veggie, Peaches  <b>TUESDAY</b> - Domino's smart slice Or Stuffed crust pizza, Vegetable, Fruit, Cookie  <b>WEDNESDAY</b> - Falcon double burger W/bun, lettuce, cheese &amp; sauce, Or Cheeseburger, Baked fries, Pears  <b>THURSDAY</b>-Mashed potato bowl...popcorn chicken...potatoes, corn, cheese, gravy w/wg roll, Fresh fruit  <b>FRIDAY</b> - Whole grain cheese breadsticks Or Beef Ravioli w/wg roll, Malibu blend veggies, Mandarin orange</p> <p align="center"><b>JANUARY 30 - FEBRUARY 3</b></p> <p><b>MONDAY</b> - Chicken Parmesan Or Chicken patty w/ bun, Pasta w/ sauce, Italian blend vegetables, Peaches, Whole grain roll  <b>TUESDAY</b> - Domino's smart slice Or Stuffed crust pizza, Vegetable, Fruit, Tray treat  <b>WEDNESDAY</b> - Beefy cheese nachos Or taco fries w/cheese, Tossed salad w/carrots &amp; spinach, Chilled applesauce, Breadstick  <b>THURSDAY</b> - Chicken wrap w/lettuce &amp; cheese or Chicken strips w/roll, Green beans, Fresh fruit  <b>FRIDAY</b> - Toasted cheese, Tomato soup /crackers, Seasoned peas, Chilled mandarin oranges</p> <p align="center"><b>FEBRUARY 6 - FEBRUARY 10</b></p> <p><b>MONDAY</b> - BBQ pulled pork w/bun Or whole grain corn dog, Baked beans, Chilled Peaches, Fritos  <b>TUESDAY</b>—Domino's smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat  <b>WEDNESDAY</b>—Chicken Alfredo Or Chicken patty w/bun, Tossed salad w/carrots &amp; spinach, Chilled Pears, Whole grain roll  <b>THURSDAY</b> - General Tso's Chicken, Stir fry vegetable, Seasoned Rice, Fresh Fruit, Fortune cookie  <b>FRIDAY</b>—Egg &amp; cheese sandwich Or Cook's choice, Cheesy potatoes, Chilled fruit Orange juice cup</p> <p align="center"><b>FEBRUARY 13 - FEBRUARY 17</b></p> <p><b>MONDAY</b> - Salisbury steak Or Breaded pork chop, Seasoned corn, Whipped potatoes &amp; gravy, Peaches /Whole grain roll  <b>TUESDAY</b> - Domino's smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat  <b>WEDNESDAY</b> - Cheeseburger w/bun Or Steak-um w/cheese, Broccoli w/cheese, Chilled applesauce  <b>THURSDAY</b>- Creamed chicken &amp; biscuits Or Chicken nuggets w/ roll, Peas &amp; carrots, Fresh fruit  <b>FRIDAY</b>- Cheese Quesadilla Or Chicken Soft taco W/lettuce &amp; cheese, Vegetable, Chilled Mandarin oranges</p> <p align="center"><b>FEBRUARY 20 - FEBRUARY 24</b></p> <p><b>MONDAY</b>— "NO SCHOOL" PRESIDENTS DAY  <b>TUESDAY</b>- Domino's smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat  <b>WEDNESDAY</b>- Taco salad w/meat Or Soft taco wrap, Lettuce &amp; cheese, Chilled pears, Tortilla chips, Whole grain roll  <b>THURSDAY</b> - Chicken Strips w/roll Or Chicken patty w/bun, Parsley Potatoes, Fresh Fruit, Pudding  <b>FRIDAY</b> - Macaroni &amp; cheese Or Rib a que w/bun, California blend veggie, Chilled mandarin oranges</p> <p align="center"><b>FEBRUARY 27 - MARCH 2</b></p> <p><b>MONDAY</b> - Pepperoni &amp; cheese roll Or Southwest pizza, California blend veggie, Chilled peaches  <b>TUESDAY</b> - Domino's smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat  <b>WEDNESDAY</b> - Falcon double burger W/bun, lettuce, cheese &amp; sauce Or Cheeseburger, Baked fries, Chilled pears</p>	<p align="center"><b>JANUARY 23 - JANUARY 27</b></p> <p><b>MONDAY</b> - Chicken Quesadilla Or Whole grain corn dog, Baked beans, Pears  <b>TUESDAY</b> - Domino's smart slice pizza Or Stuffed crust pizza, Vegetable, Fruit, Cookie  <b>WEDNESDAY</b> - Mashed potato bowl...popcorn chicken, mashed potatoes, corn, gravy, cheese, Mandarin oranges, Whole grain roll  <b>THURSDAY</b>-Macaroni &amp; cheese w/breadstick, Or Southwest pizza, Tossed salad w/carrots &amp; spinach, Fresh fruit  <b>FRIDAY</b> - Cheese stuffed breadsticks, Or Rib a que w/wg bun, Malibu blend vegetables, Pineapple</p> <p align="center"><b>JANUARY 30 - FEBRUARY 3</b></p> <p><b>MONDAY</b> - Breaded pork chop Or Salisbury steak, Whipped potatoes / gravy, Green beans, Pears, Whole grain roll  <b>TUESDAY</b> - Domino's smart slice pizza Or Stuffed crust pizza, Vegetable, Fruit / Dessert  <b>WEDNESDAY</b> - General Tso's chicken, Stir fry vegetables, Mandarin oranges, Seasoned rice, Fortune cookie  <b>THURSDAY</b> - Beef &amp; cheese nachos Or Taco fries, Steamed broccoli, Fresh fruit, Breadstick  <b>FRIDAY</b> - Toasted cheese Or Baked chicken nuggets w/wg roll, Tomato soup w/crackers, Seasoned peas</p> <p align="center"><b>FEBRUARY 6 - FEBRUARY 10</b></p> <p><b>MONDAY</b> - Beef hot dog w/bun Or Kielbasa w/bun, Baked beans, Chilled pears  <b>TUESDAY</b> - Domino's smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Dessert  <b>WEDNESDAY</b> - Chicken Strips w/roll Or Cheeseburger w/bun, Parsley potatoes, Applesauce  <b>THURSDAY</b> - Pepperoni &amp; cheese Stromboli Or Chicken patty w/ bun, Malibu blend vegetable, Fresh fruit  <b>FRIDAY</b>- Falcon double burger/cheese, ranch, lettuce Or Cheese quesadilla, Green beans w/carrots, Mandarin oranges</p> <p align="center"><b>FEBRUARY 13 - FEBRUARY 17</b></p> <p><b>MONDAY</b> - Sausage w/french toast sticks Or Egg &amp; cheese on a buttermilk biscuit, Cheesy potatoes, Orange juice or fruit  <b>TUESDAY</b> - Domino's smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Cookie  <b>WEDNESDAY</b> - Taco Salad or Soft taco, Shredded lettuce &amp; cheese, Chilled peaches, Tortilla chips, Whole grain roll  <b>THURSDAY</b>- Pasta Bar or Meatball sub, Tossed Salad w/carrots &amp; spinach, Fresh Fruit, Whole grain roll  <b>FRIDAY</b>- Chicken club sandwich Or Cheeseburger w/bun, Malibu blend veggies, Mandarin oranges</p> <p align="center"><b>FEBRUARY 20 - FEBRUARY 24</b></p> <p><b>MONDAY</b> - "NO SCHOOL" PRESIDENTS DAY  <b>TUESDAY</b>- Domino's smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Dessert  <b>WEDNESDAY</b>- Chicken Alfredo...chicken patty over pasta w/ alfredo sauce Or chicken patty / bun, Glazed carrots, Chilled pineapple  <b>THURSDAY</b> - BBQ pork sandwich Or Chicken nuggets, Baked sweet potato fry, Fresh fruit, Whole grain roll  <b>FRIDAY</b> - Chicken parmesan w/spaghetti Or spaghetti w/ meatballs, Tossed salad w/carrots &amp; spinach, Whole grain roll, Chilled peaches</p> <p align="center"><b>FEBRUARY 27 - MARCH 2</b></p> <p><b>MONDAY</b> - Whole grain corn dog Or Southwest pizza, Malibu blend vegetables, Chilled pineapple  <b>TUESDAY</b> - Domino's smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Cookie  <b>WEDNESDAY</b> - Mashed potato bowl...popcorn chicken, mashed potatoes, corn, gravy, cheese, Mandarin oranges, Whole grain roll</p>



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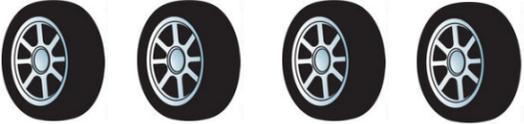
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**Firelands High School Art Student Earns Award in Cleveland Clinic eXpressions Art Competition**

Third year art student earned an award in the Cleveland Clinic eXpressions art competition. Senior Morgan Wransky earned a honorable mention for her mixed media sculpture "Don't Be Late!" illustrating the need for health care workers to be tested for tuberculosis annually. Each year the program has gained momentum and strength, and this year's competition was the toughest yet.

The Cleveland Clinic Office of Civic Education hosts the annual eXpressions: An Intersection of Art and science. Art students from high schools from Ohio and Florida interpreted research conducted by Cleveland Clinic high school summer interns. Over 1000 works were submitted this year. The process includes research and writing to gain understanding of the topic. The Art 3 students researched the effectiveness of annual tuberculosis screening for health care employees. The art students conceptually illustrated the research and composed brief artist statements for their entries.

A panel of art and science professionals evaluate each submission on interpretation, creativity, technique, and initiative. The judges awarded four levels of special recognition. In descending order they are: Blue Ribbon, Red Ribbon, White Ribbon, and Honorable Mention. Each Blue Ribbon winner received a \$100 check. Red Ribbon winners received \$75; White Ribbon winners, \$50; and Honorable Mention winners, \$25. The Firelands Art Department will also receive a \$100 educational grant for producing a winning entry in art.

**EXHIBITION AND CATALOG**

All of the award-winning submissions will be featured in a full-color eXpressions catalog of the exhibition, which will open with a formal reception and dedication on January 26, 2012, from 6 p.m. to 8 p.m. at the Great Lakes Science Center, Cleveland. The exhibition continues through April 10 in the third-floor foyer of the Inter-Continental Hotel. The exhibit is open during regular Science Center hours, daily 10am – 5pm with admission.

For more information about the eXpressions program and to view the virtual gallery, visit:  
<http://www.clevelandclinic.org/civiceducation/creativelearning/expressions.asp>.

Morgan Wransky, grade 12, with her winning mixed media sculpture



Support the Firelands Board of Education and help us to maintain the Firelands Express!  
**ADS ARE ONLY \$200 A YEAR!**  
 Contact the Firelands Board Office at 440.965.5821. Please submit all articles and photos to: [lseman@firelandsschools.org](mailto:lseman@firelandsschools.org)

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Firelands Elementary PTG  
 Meetings held on the 1st Tuesday of the Month.  
  
 "Working Hard for Our Kids"

South Amherst Middle School PTG Meetings held on the 3rd Wednesday of the month  
 "Support Our Kids"

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**REGISTER NOW!**  
 Fall Pre-School & Summer Programs at Firelands Community Day School  
 11970 Vermilion Road, Oberlin  
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 Ages: 18 months – 12 years  
 Pre-School: 9:00 a.m. – 11:45 a.m.  
 Daycare 6:15 a.m. – 5:30 p.m.  
 Monday thru Friday

**Apple Hill**   
 Bulk Food, Spices, Baking Supplies, Candy, Nuts, Dried Fruit, Apples, Bulk Chocolate, Cider. Custom Made Gift & Fruit Baskets  
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The Communities we serve: Amherst, Amherst Township, Birmingham, Brownhelm Township, Camden Township, Florence Township, Henrietta Township, Kipton Village, New Russia Township, South Amherst Village, Vermilion and Vermilion Township.

You may view this issue on line at:  
[www.firelandsschools.org](http://www.firelandsschools.org)